

SEPTEMBER 2024 NEWSLETTER



First Evangelical Lutheran

Rev. Dr. Mark Rich

601 North Sandusky Avenue Upper Sandusky Ohio 43351 419-294-3544
Worship Sundays at 10 a.m.

First Evangelical wishes to acknowledge and give our gratitude to the Wyandotte Nation, who once called the land our church sits on their home.

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>8</p> <p>Worship 10 a.m.</p> <p>Fair Worship 7 p.m.</p>	<p>9</p> <p>AA 7-9p</p>	<p>10</p> <p>NA 7-9</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>Worship w/ Children's Sunday 10 a.m.</p>	<p>16</p> <p>Rotary 11-1 AA 7-9p</p>	<p>17</p> <p>NA 7-9</p>	<p>18</p>	<p>19</p> <p>Council 7 p.m.</p>	<p>20</p>	<p>21</p>
<p>22</p> <p>Worship 10 a.m.</p>	<p>23</p> <p>Rotary 11-1 AA 7-9p</p>	<p>24</p> <p>NA 7-9</p>	<p>25</p> <p>Church Discussion Night 6:30</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>Worship 10 a.m.</p>	<p>30</p> <p>Rotary 11-1 AA 7-9p</p>					

A message from Pastor Mark



Dear brothers and sisters in Christ!

First off, I must say a big **THANK YOU** to this whole church for your prayers, well-wishes, and flowers to me as I've undergone radiation treatments during July and August. I very much appreciate you all and your Christian love for me during this time!!! By December I'll know more about whether the treatment has worked, so in the meantime I wait and get my energy (and other bodily functions) back in working order. I also appreciate *very much* your patience and understanding with me, as I had to cut back my work hours. I'm sure that by the bountiful grace of God I'll get back to a normal schedule soon!

Second, we're planning for a **Blessing of Pets** in honor of St Francis Day. That day is October 4, which is a Friday this year. But we'll do our blessing ceremony on **Saturday October 5 at 10:30am** at the north parking lot of the church. **This event is for the whole community.** Please let everyone you know hear about this event!!

For folks who can't bring their pets, you're still welcome to bring a photo (even on their phone), and we'll still pray for you all. This also applies to anyone who has recently lost a pet and would still like to pray.

We do this blessing near St Francis Day because the church remembers him as being very kind to everyone, including even animals. (There are a couple of online resources about Francis in [Wikipedia](#) and from the [Franciscan order](#).) There's a [story](#) of how a wolf was terrorizing the people of Gubbio in Italy, but Francis talked with the wolf and made peace between him and the townspeople, whereby the wolf was fed by the people and no longer needed to attack them. Francis also used to preach to birds, and called the earth Mother, the wind Brother, and the water Sister. With his extreme poverty and his love for all he became known as the second Jesus.

So please come out to this event, and please invite your neighbors and friends to it!

See you all in church!

Pastor Mark Rich

CHURCH COUNCIL NEWS

Council did not meet in the month of August; their next meeting date is the 19th at 7 p.m.

Transition Team News

We cannot wait until we meet together as a Church Family to have a great time of fellowship, discussion and ICE CREAM!

Here are the questions that will be brought forth during small group breakouts:

- 1. When have you had an experience of the Holy? Describe where you were, what was going on, who was with you, how it felt.**
- 2. What's unique about us, our congregation now? What's at our heart and soul today?**
- 3. What is God calling us to do or to be in the future? In what direction should we be headed?**
- 4. What gets in the way of our going there? What are some things we do now that don't help us toward the future we may feel God is calling us to?**

Congratulations, Larry & Rita!!!

Annually, on this day, we recognize the Wyandot County Senior Citizen of the Year. We are pleased to announce this year's recipients are **Larry & Rita Bennett!** To know the Bennetts is to know their dedication to serving their community selflessly.



Their contributions are innumerable but include Mohawk Community Service Club, Christian Food Center, coordinating community events as well as supporting various local non-profits, charities, & churches. Please join us in celebrating the Bennetts and their outstanding accomplishments.

(from the Wyandot County Council on Aging Newsletter)

Christian Food Center



This month let us focus on Toothpaste, Boxed Helper Meals, Canned Meats

Interested in a Baptism for your little one...



or any age?

contact the office today!





Teens & Parents reGroup

6:30 - 8:00 PM @ The HUB
535 N Hazel St, Upper Sandusky, OH 43351535

About Us

Caregivers and teens, join us the 1st and 3rd Thursdays of each month to learn from professionals, discuss with peers and reGroup on your way home!

 Find us on Facebook!
reGroup - Upper Sandusky

September 5th

Handling anxiety and stress, in and out of school.

with
Jodi Courtad-Holman



2024 Meetings

DATE	TOPIC
Sept 5th	Handling Anxiety & Stress In and Out of School
Sept 19th	How To Disagree With Respect
Oct 3rd	Distracted Driving
Oct 17th	The Complexion Connection - How Your Lifestyle Impacts Your Complexion
Nov 7th	Protecting Your On-line Reputation
Dec 5th	Owning Your Faith - Openly Embracing Your Faith While Respecting Others
Dec 19th	A Helping Hand - Volunteer Work's Dual Benefits

reGroup Teen & Family Meetings

reGroup will meet the first and third Thursdays of each month, during the Upper Sandusky school year. Each meeting will start with a presentation to both teens and their caregivers, by an expert professional, followed by small group breakouts for teens and parents to discuss the presentation before regrouping.

When - 6:30 to 8:00 PM

Where - The Hub Upper Sandusky
535 N Hazel St, Upper Sandusky, OH 43351535

All teens must be accompanied by an adult.

"Senior Day" at the Wyandot County Fair

Stop in to the Senior Connection or our office to pick up your **FREE LUNCH ticket!**



9AM - Doors Open
10AM - Welcome
10:30AM - Eric Sowers, Musician
11:30AM - Lunch
12:30PM - Dan Brown, Comedian
1:30PM - Door Prizes

*You do NOT have to have a ticket to attend our event, you DO need a ticket for lunch!

SPECIAL ANNOUNCEMENT FOR WYANDOT COUNTY SENIORS:
In celebration of our 50th Anniversary, WCCOA has **FREE ADMISSION TICKETS** for **Wyandot County Seniors** for **Wednesday, September 11th.** These tickets are only good on "Senior Day" and can be picked up at the Senior Connection and/or our office.

BIBLES for the PEWS!

Christian Education is seeking donations to place bibles in the pews for everyone's use! If you would like to donate for this project, please do so on your offering envelope or give to office!

Thanks!!

SEPTEMBER ANNIVERSARIES

2 Karl and Laura Wines

5 Ray and Carrie Grogan

18 Loren and Lois Dillon

22 Randy and Jenna McCartney

SEPTEMBER BIRTHDAYS

2 Carrie Grogan

5 Claire Stoneburner

12 Theresa Boucher

13 Kaylyn Shock

13 Bryson Stoneburner

15 Marla Ritter

16 Karen Gillen

17 Fred Gillen

19 Karla Giese

20 Carter Brunson

23 Aiden McCartney

28 Dawn Kidwell

30 Marty Denney

30 Carter Stoneburner

Care and Prayers

Our Prayer List is everchanging, if you or someone (with their permission) would like added to our weekly prayers, please let Pastor or Kristin know.

If you feel like you or someone you know within the congregation is in need of some visits, we have a few different ways to help:

Eucharistic Team - Trained individuals that will go out and administer Holy Communion to those that are possibly homebound or that find it difficult to make it to church.

And of course....our own minister, Pr. Mark will provide needed visits, when requested.

To reach out to those that are in area care facilities, please use the addresses below. Please remember that we do not know if you or a loved one is hospitalized or now living somewhere else, unless we are told.

**Wyandot County Home- 7830 OH-199 Upper Sandusky Ohio 43351
Phil Walton and Lisa Reinschell**

**Westbrook- 101 Westbrook Blvd. Upper Sandusky Ohio 43351
Jean Factor and Dorothy Sammet**

**Sandusky Veterans Home- 3416 Columbus Avenue Sandusky OH 44870
Francis Ronald Wright (make sure you use full name)**

HOW TO CONTACT & STAY IN TOUCH WITH YOUR CHURCH

Church Phone: 419.294.3544 Pastor Mark: 614.381.4520 Kristin: 419.310.0107



<http://www.upperfirstlutheran.org>

<https://www.facebook.com/FELCUpperSandusky>

601 North Sandusky Avenue- Upper Sandusky OH 43351

Scripture Readers

- 8- Mary Wright
- 15- Youth
- 22- Pat Denney
- 29- Marty Denney



SEPTEMBER FLOWERS

- 8- _____
- 15- _____
- 22- Ealy Family
- 29- _____

Acolytes

- 8- Jake
- 15- Kloe
- 22- Bryson
- 29- Dalton

Communion Preparation

- 8- _____
- 15- Ealy
- 22- Martin
- 29- _____

SAVE the DATES (more info to come)

October 5th – Blessing of Pets

October 17th – Chocolate Walk

October 26th – Trunk or Treat

October 31st – Halloween Parade

Monthly Scriptures



SEPTEMBER SCRIPTURES

— ◆◆ —
8th - 16th Sunday of Pentecost

— ◆◆ —
Isaiah 35:4-7a

Psalm 146

James 2:1-10 [11-13] 14-17

Mark 7:24-37

SEPTEMBER SCRIPTURES

— ◆◆ —
15th - 17th Sunday of Pentecost

— ◆◆ —
Isaiah 50:4-9a

Psalm 116:1-9

James 3:1-12

Mark 8:27-38

SEPTEMBER SCRIPTURES

— ◆◆ —
22nd - 18th Sunday of Pentecost

— ◆◆ —
Jeremiah 11:18-20

Psalm 54

James 3:13 4:3, 7-8a

Mark 9:30-37

SEPTEMBER SCRIPTURES

— ◆◆ —
29th - 19th Sunday of Pentecost

— ◆◆ —
Numbers 11:4-6, 10-16, 24-29

Psalm 19:7-14

James 5:13-20

Mark 9:38-50

September 2024

Year of Rest Calendar

Mental	Sensory	Emotional	Social	Creative	Spiritual	Physical
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Take a media break & quiet yourself.	2 Close your eyes. Be mindful of what you notice.	3 Breathe deeply for 3 minutes.	4 Take 1 thing off your calendar.	5 Visit a park or beach.	6 Reflect on where you saw God today.	7 Sit in stillness. Review your week.
8 Go outside and enjoy God's creation.	9 Listen to music that makes you want to move.	10 Light a candle and give thanks for your baptism.	11 Affirm a gift you see in another.	12 Cook something you love to eat & share it.	13 Donate your time or money to something you believe in.	14 Do a physical activity that makes you winded. Give thanks for breath.
15 Clear your mind before sleep. (Make a list if you need to.) Rest.	16 Take a moment to be in a peaceful place.	17 Ask someone else how they are doing.	18 Take some time to be alone today. Enjoy the solitude.	19 Make something.	20 Watch the sunset. Give thanks for a new day.	21 Take a nap.
22 Meditate or sit in silence for 5 minutes.	23 Smell something delightful.	24 Call or write someone you connect with.	25 Ask someone for help today.	26 Sing or listen to a hymn that encourages you.	27 Advocate for someone's needs.	28 Take a stroll. Greet those you meet along the way.
29 Recount what you are thankful for this month.	30 Get your hands dirty doing something good.					

Letter of thanks!

Thanks to Kristin for running off pictures of the Fruits of the Spirit.
Thanks to those who came.

Thanks to Pastor Mark. I thought they were a group of words but had a purpose. Jesus wants us to use them towards other people.

After the last service Tom Ziegler donated fresh cucumbers to all, thanks Tom. Thanks for a special service in June and July.

Madelon Will O'Neil

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